

RECREATIONAL THERAPY - 2022-Current

University of South Alabama – College of Education and Professional Studies - Department of Health, Kinesiology and Sport

GENERAL EDUCATION (47 Hours)

Grade Hours

Area I - Written Composition (2 Courses, 6 Hours)

*EH 101 English Composition I (**Prerequisite course for Candidacy*) _____ 3
 *EH 102 English Composition II (**Prerequisite course for Candidacy*) _____ 3

Area II - Humanities and Fine Arts (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY))

*CA 110 Public Speaking (**Prerequisite course for Candidacy*) _____ 3
 One course from EH 215, 216; 225, 226; 235, 236 _____ 3
 One course from: ARH 100, 103, 123; ARS 101; DRA 110; MUL 101 _____ 3
 One course from EH 215, 216; 225, 226; 235, 236 or advisor approved humanities or fine arts elective. _____ 3

Area III - Natural Science and Mathematics (3 Courses, 11 Hours)

One course from: MA 110, 112, 113, 115, 120 _____ 3
 One course from (including lab): BLY 101, 121; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202 _____ 4
 One course from (including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202 _____ 4

Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY))

(Students will only receive credit for 2 history courses.)
 One course from HY 101, 102; HY 121, 122, HY 135, 136 _____ 3
 Two courses from: PSY 120, 250 _____ 3
 _____ 3
 One course from: AIS 201, AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; SY 109, 112 _____ 3

Kinesiology/Physical Education (4 Courses, 6 Hours)

KIN 100 Concepts of Health and Fitness _____ 3
 3 hours of PE 101-157 PE Activity Courses _____ 3

General Electives (3 Hours)

100-499 _____ 3

RECREATIONAL THERAPY CORE (70 Hours)

*BMD 251 Human Anatomy and Physiology I _____ 4
 *BMD 252 Human Anatomy and Physiology II _____ 4
 HS 170 First Aid _____ 1
 KIN 370 Basic Motor Learning _____ 3
 KIN 380 Kinesiology **OR** KIN 476 Physiology of Exercise _____ 3
 KIN 461 PE for the Atypical Child **OR** IST 210 Introduction to Disability _____ 3
 KIN 477 Water Safety Instructor **OR** KIN 231 Lifeguard Training **OR** KIN 166 Movement-Rhythms and Development Activity _____ 3
 *RTH 292 Outdoor Recreation/Adventure (**Prerequisite course for Candidacy*) _____ 3
 *RTH 295 Intro to Therapeutic Recreation (**Prerequisite course for Candidacy*) _____ 3
 RTH 298 Practicum in Therapeutic Recreation _____ 3
 RTH 375 Management of Therapeutic Recreation Services _____ 3
 RTH 395 Therapeutic Recreation Process (W) (*Satisfies University Writing Requirement*) _____ 3
 RTH 397 Intergenerational Recreation and Wellness _____ 3
 RTH 465 TR Program Des: Interventions I (*Requires Candidacy*) _____ 3
 RTH 466 TR Program Des: Interventions II (*Requires Candidacy*) _____ 3
 RTH 468 Facilitation Techniques in Therapeutic Recreation _____ 3
 RTH 471 Evaluation and Research in HKS (W) (*Requires Candidacy*) _____ 3
 RTH 495 Internship in Recreational Therapy (*Requires Candidacy*) _____ 12
 SM 483 Issues in HKS (*Requires Candidacy*) _____ 3
 PSY 340 Abnormal Psychology _____ 3
 Major Elective – from HS, KIN, PE, RTH or SM _____ 1

Total Hours 120
 Revised 5/19/22

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University and College Requirements:

Writing Requirement – The University requires that a candidate for graduation must have completed two designated writing credit courses at USA, with at least one course chosen from offerings in the candidate's major or minor. Courses meeting this requirement are designated with a (W) after the course title in the "Courses" section of the University Bulletin. Individuals who transfer in credit to substitute for a course(s) designated as a (W) course must meet the writing requirement by taking a (W) course(s) at USA.

Transient Approval – Students must have prior approval (obtained in the Advising Center) to enroll as a transient student at another institution. A maximum of 64 semester hours may be accepted from a two-year institution.

Residency Requirement – A candidate for graduation must complete a minimum of 25 percent of the credit hours required for the degree through instruction offered by the University of South Alabama in upper-division course work (300 and 400 levels).

Candidacy Admission Requirements for RECREATIONAL THERAPY Majors

Hours:

- 60 program hours. A minimum of 12 semester hours must be taken at USA.
- Completion of the required Freshman experience, if applicable.

GPA Requirements:

- 2.20 Minimum Overall GPA (All work attempted at USA.)
- 2.20 Minimum Major GPA

Course Requirements:

- CA 110, EH 101, EH 102, BMD 251, BMD 252, RTH 292, RTH 295

Other requirements:

- Completion of online Candidacy application.
- Completion of a satisfactory departmental interview with your assigned advisor. Recommendation of advisor and department chairperson.
- Sufficient physical ability and emotional stability to perform successfully as a professional. These and other factors could be determined through a departmental interview.

Application/Admission Information:

- Candidacy applications are due one semester prior to enrolling in classes that require Candidacy. The intent is for students to apply for Candidacy AND meet with their advisor prior to registration to enable appropriate planning decisions for upcoming semesters.
- Students approaching eligibility will receive a link to the online application in their JagMail.
- After final grades are posted and all requirements are verified as met, the Office of Student Services will notify students by JagMail when they are admitted to Candidacy. Students will then be able to register for Candidacy courses.

Recreational Therapy (BS): (120 Total Hours)

First Year - Fall Semester		
Course ID	Course Description	Hours
EH 101 (CP)	English Composition I	3
Fine Arts	**Area II, C	3
History	**Area IV, A	3
KIN 100	Concepts of Health and Fitness	3
Math	**Area III, A	3
	Total Hours	15

First Year - Spring Semester		
Course ID	Course Description	Hours
EH 102 (CP)	English Composition II	3
CA 110 (CP)	Public Speaking	3
Elective	**Area V, C	3
RTH 295 (CP)	Intro to Therapeutic Recreation	3
Science	**Area III, B	3
Science Lab	**Area III, B	1
	Total Hours	16

Second Year - Fall Semester		
Course ID	Course Description	Hours
BMD 251 (CP)	Human Anatomy and Physiology I	4
Science	**Area III, B	3
Science Lab	**Area III, B	1
Literature	**Area II, B	3
RTH 298	Practicum in Therapeutic Recreation	3
*PSY 120	Intro to Psychology (**Area IV, B)	3
	Total Hours	17

Second Year - Spring Semester		
Course ID	Course Description	Hours
BMD 252 (CP)	Anatomy and Physiology II	4
Social & Behavioral Sciences	**Area IV, C	3
PE 101-PE 157	**Area V, B	1
PE 101-PE 157	**Area V, B	1
*PSY 250	Lifespan Development (**Area IV, B)	3
RTH 292 (CP)	Outdoor Recreation/ Adventure	3
	Total Hours	15

Third Year - Fall Semester		
Course ID	Course Description	Hours
Humanities & Fine Art	**Area II, D	3
RTH 397	Intergenerational Recreation and Wellness	3
KIN 370	Basic Motor Learning	3

RTH 468	Facilitation Techniques in TR	3
RTH 465	Program Design and Interventions I	3
	Total Hours	15

Third Year - Spring Semester

Course ID	Course Description	Hours
HS 170	First Aid	1
KIN 380 or KIN 476	**Recreational Therapy Major Core, B	3
IST 210 or KIN 461	**Recreational Therapy Major Core, C	3
KIN 477 or KIN 231 or KIN 166	**Recreational Therapy Major Core, D	3
RTH 375	Management of Therapeutic Services	3
RTH 466	Program Design and Interventions II	3
	Total Hours	16

Fourth Year - Fall Semester

Course ID	Course Description	Hours
Major Elective	Recreational Therapy Major Core, Elective	1
RTH 395 (W)	TR Processes (W)	3
RTH 471 (W)	Evaluation and Research (W)	3
SM 483	Issues in HKS	3
PSY 340	Abnormal Psychology	3
PE 101-PE 157	**Area V, B	1
	Total Hours	14

Fourth Year - Spring Semester

Course ID	Course Description	Hours
RTH 495	Internship in Recreational Therapy	12
	Total Hours	12

Notes

*Recommended Course

**See Degree Requirements

(CP) Candidacy Prerequisite

(W) Writing-Intensive Course

BOLD courses require admission to Candidacy